

PK Lange Afstand 2023  
Meise, 29/10 - 1/11/2023

1 - zondag 29 oktober 2023

29/10/2023 - 9:00

Programmanr. 1  
29/10/2023 - 9:00

Dames, 800m vrije slag

11 jaar en ouder  
Resultaten

Punten: FINA 2022

Rang	Inschr.	Tijd	Pnt
11 - 12 jaar			
1. Vanderlinden Paulien	BEST/21117/11 12:02.23	<b>10:59.36</b>	384
100m: 1:21.21 200m: 2:47.66 400m: 5:37.48 800m: 10:59.36			
2. Decaluwé Helena	ZCT/21130/11 11:43.38	<b>11:10.72</b>	365
100m: 1:18.65 200m: 2:44.40 400m: 5:33.78 800m: 11:10.72			
3. Desmet Sterre	KLSVZ/21102/11 12:22.18	<b>11:11.25</b>	364
100m: 1:18.45 200m: 2:43.53 400m: 5:35.93 800m: 11:11.25			
4. Kerckhofs Nienke	BEST/21116/11 12:23.79	<b>11:23.65</b>	344
100m: 1:21.45 200m: 2:48.55 400m: 5:43.65 800m: 11:23.65			
5. Maes Julie	TRUST/21192/11 12:00.00	<b>11:37.16</b>	325
100m: 1:21.33 200m: 2:49.29 400m: 5:47.44 800m: 11:37.16			
6. Touquet Eline	SCWR/21061/11 11:18.20	<b>11:38.15</b>	323
100m: 1:21.08 200m: 2:47.32 400m: 5:41.94 800m: 11:38.15			
7. Nsubuga Sofia	ALZV/21133/11 12:18.29	<b>11:38.37</b>	323
100m: 1:21.00 200m: 2:49.72 400m: 5:50.16 800m: 11:38.37			
8. De Vocht Linne	ZCT/21144/12 12:57.46	<b>11:49.56</b>	308
100m: 1:23.35 200m: 2:53.66 400m: 5:55.18 800m: 11:49.56			
9. Verherstraeten Lore	DIZV/21108/11 14:26.00	<b>11:53.89</b>	302
100m: 1:24.71 200m: 2:55.89 400m: 6:01.00 800m: 11:53.89			
10. Ginkels Febe	LAQUA/21494/11 12:30.00	<b>12:06.22</b>	287
100m: 1:26.55 200m: 2:58.90 400m: 6:04.69 800m: 12:06.22			
11. Minten Paulien	KLSVZ/21119/11 14:00.00	<b>12:20.29</b>	271
100m: 1:30.97 200m: 3:05.36 400m: 6:14.91 800m: 12:20.29			
12. De Weerdts Renée	ZCT/21141/12 13:05.82	<b>12:20.64</b>	271
100m: 1:29.66 200m: 3:04.00 400m: 6:14.45 800m: 12:20.64			
13. Uytterhoeven Fiebe	ZCT/21143/12 13:11.45	<b>12:22.62</b>	268
100m: 1:27.38 200m: 3:02.95 400m: 6:13.73 800m: 12:22.62			
14. Van Sintejan Manon	SCWR/21058/11 12:53.61	<b>12:28.92</b>	262
100m: 1:30.85 200m: 3:04.52 400m: 6:13.19 800m: 12:28.92			
15. Silverans Mila	KAZS/21116/11 12:00.00	<b>12:32.42</b>	258
100m: 1:28.83 200m: 3:03.34 400m: 6:14.96 800m: 12:32.42			
16. Roosen Tess	KLSVZ/21116/11 13:32.97	<b>12:43.25</b>	247
100m: 1:28.41 200m: 3:00.74 400m: 6:13.88 800m: 12:43.25			
17. Piscaer Stanse	ZCT/21152/12 12:45.00	<b>12:47.00</b>	244
100m: 1:30.58 200m: 3:06.86 400m: 6:23.00 800m: 12:47.00			
18. Soares Almeida Lisa	LAQUA/21488/11 12:40.00	<b>12:48.49</b>	242
100m: 1:33.10 200m: 3:10.42 400m: 6:25.27 800m: 12:48.49			
19. Manickx Amelia	DIZV/21113/11 16:00.00	<b>12:51.74</b>	239
100m: 1:26.95 200m: 3:03.07 400m: 6:20.09 800m: 12:51.74			
20. Claeys Lotte	BEST/21144/11 14:20.00	<b>13:08.08</b>	225
100m: 1:30.91 200m: 3:11.45 400m: 6:35.37 800m: 13:08.08			
21. Boxho Valentine	ZORO/21168/11 13:30.00	<b>13:08.36</b>	224
100m: 1:33.65 200m: 3:13.67 400m: 6:37.00 800m: 13:08.36			

PK Lange Afstand 2023  
Meise, 29/10 - 1/11/2023

Programmanr. 1, Meisjes, 800m vrije slag, 11 - 12 jaar

Rang	Inschr.	Tijd	Pnt
22. Gevers Leonie	BEST/21126/11 14:06.91	<b>13:09.10</b>	224
100m: 1:33.47 200m: 3:13.92 400m: 6:36.75 800m: 13:09.10			
23. Vanlaere Anna	KLSVZ/21095/11 14:00.00	<b>13:11.77</b>	221
100m: 1:34.92 200m: 3:14.52 400m: 6:36.38 800m: 13:11.77			
24. De Prater Juno	DDAT/21148/11 13:00.00	<b>13:16.75</b>	217
100m: 1:30.10 200m: 3:12.75 400m: 6:37.08 800m: 13:16.75			
25. De Wilde Lore	DIZV/21127/11 16:03.01	<b>13:20.22</b>	214
100m: 1:30.24 200m: 3:12.49 400m: 6:35.41 800m: 13:20.22			
26. Vervloet Lin	ZCT/21155/12 13:15.00	<b>13:21.53</b>	213
100m: 1:37.61 200m: 3:19.53 400m: 6:41.81 800m: 13:21.53			
27. Van Hoomissen Chelsea	ZCK/22112/12 14:20.00	<b>13:28.41</b>	208
100m: 1:30.55 200m: 3:12.60 400m: 6:39.26 800m: 13:28.41			
28. Petkova Dalia	SCZ/21080/11 13:24.18	<b>13:40.15</b>	199
100m: 1:35.51 200m: 3:19.21 400m: 6:45.51 800m: 13:40.15			
29. Reyniers Fien	ZCK/22114/11 15:00.00	<b>14:02.00</b>	184
100m: 1:36.18 200m: 3:12.17 400m: 6:39.14 800m: 14:02.00			
30. Moschonas Danaé	DIZV/21141/12 16:00.00	<b>14:11.56</b>	178
100m: 1:37.85 200m: 3:25.01 400m: 7:01.23 800m: 14:11.56			
31. De Sitter Kira	ZCK/22115/12 15:15.00	<b>14:43.87</b>	159
100m: 1:42.26 200m: 3:37.12 400m: 7:25.44 800m: 14:43.87			
dis Heremans Ditte	di:ZIOS/21112/11 15:06.00		
<i>SW 10.8 - Zwemmer hinderen door over de baan te zwemmen en/of onsportief gedrag</i>			
FF Vandeweyers Daphne	FFZCT/21135/11 12:32.21		

13 - 14 jaar

1. Veldhuis Victoria	ZCT/21096/09 10:05.25	<b>9:52.96</b>	528
100m: 1:11.00 200m: 2:25.58 400m: 4:55.58 800m: 9:52.96			
2. Dalemans Lyn	ZCK/22065/09 10:10.00	<b>9:55.90</b>	520
100m: 1:10.01 200m: 2:25.73 400m: 4:57.94 800m: 9:55.90			
3. Adelman Clara Cenxi	LAQUA/21382/11 10:43.11	<b>9:59.53</b>	511
100m: 1:14.57 200m: 2:33.34 400m: 5:06.84 800m: 9:59.53			
4. De Backer Birgit	ZIOS/21066/09 9:59.00	<b>9:59.82</b>	510
100m: 1:10.96 200m: 2:24.77 400m: 4:55.66 800m: 9:59.82			
5. Deconynck Sterre	TRUST/21166/09 10:05.37	<b>10:06.72</b>	493
100m: 1:12.55 200m: 2:27.72 400m: 5:00.19 800m: 10:06.72			
6. Verspecht Lizanne	ZCK/22096/09 10:23.12	<b>10:07.04</b>	492
100m: 1:09.56 200m: 2:23.98 400m: 4:54.19 800m: 10:07.04			
7. Geens Amélie	ZCK/22094/09 10:30.00	<b>10:11.26</b>	482
100m: 1:11.66 200m: 2:28.36 400m: 5:02.76 800m: 10:11.26			
8. Meyer Thyrví	KAZS/21181/09 10:22.30	<b>10:14.96</b>	473
100m: 1:13.92 200m: 2:31.15 400m: 5:05.75 800m: 10:14.96			
9. Vedernikova Vera	SCWR/21054/10 10:13.21	<b>10:27.47</b>	445
100m: 1:13.19 200m: 2:31.80 400m: 5:11.55 800m: 10:27.47			
10. Bohmer Janne	ZCT/21108/10 10:18.35	<b>10:34.30</b>	431
100m: 1:16.90 200m: 3:36.94 400m: 5:18.01 800m: 10:34.30			
11. Barragan Nena	DDAT/21123/10 10:32.00	<b>10:34.60</b>	430
100m: 1:15.95 200m: 2:35.38 400m: 5:15.79 800m: 10:34.60			
12. Gypen Kaat	ZCT/21100/09 10:32.05	<b>10:44.22</b>	411
100m: 1:14.48 200m: 2:34.64 400m: 5:17.27 800m: 10:44.22			

PK Lange Afstand 2023  
Meise, 29/10 - 1/11/2023

Programmanr. 1, Meisjes, 800m vrije slag, 13 - 14 jaar

Rang					Inschr.	Tijd	Pnt
13.	Kint Ruhne				ALZV/21119/09 10:57.13	<b>10:48.00</b>	404
	100m: 1:14.33	200m: 2:35.20	400m: 5:17.32	800m: 10:48.00			
14.	Verelst Laura				ZCT/21114/10 10:55.57	<b>10:48.90</b>	403
	100m: 1:17.65	200m: 2:39.22	400m: 5:23.97	800m: 10:48.90			
15.	Uytterhoeven Flo				ZCT/21107/10 10:43.42	<b>10:50.59</b>	399
	100m: 1:16.44	200m: 2:37.01	400m: 5:20.60	800m: 10:50.59			
16.	Medland Lorelien				LAQUA/21388/11 11:00.00	<b>10:51.36</b>	398
	100m: 1:17.77	200m: 2:41.03	400m: 5:25.75	800m: 10:51.36			
17.	Thijs Maaike				ZCT/21132/10 11:06.46	<b>10:53.82</b>	394
	100m: 1:17.28	200m: 2:40.07	400m: 5:28.25	800m: 10:53.82			
18.	Touquet Laura				SCWR/21038/05 11:17.08	<b>10:55.87</b>	390
	100m: 1:16.16	200m: 2:38.16	400m: 5:23.31	800m: 10:55.87			
19.	Van Roy Yana				ALZV/21085/09 11:37.64	<b>11:13.25</b>	360
	100m: 1:19.75	200m: 2:44.47	400m: 5:34.90	800m: 11:13.25			
20.	Louckx Célie				SCWR/21053/10 10:57.19	<b>11:15.66</b>	357
	100m: 1:17.97	200m: 2:41.84	400m: 5:30.28	800m: 11:15.66			
21.	Wouters Stien				ZCT/21106/10 11:21.36	<b>11:17.85</b>	353
	100m: 1:19.88	200m: 2:43.65	400m: 5:35.04	800m: 11:17.85			
22.	Jacobs Roxanne				ZCK/22103/10 13:53.82	<b>11:40.12</b>	320
	100m: 1:23.69	200m: 2:52.97	400m: 5:53.08	800m: 11:40.12			
23.	Chafwehe Vanina				KLSVZ/21135/10 11:48.88	<b>11:42.21</b>	318
	100m: 1:23.11	200m: 2:53.81	400m: 5:54.03	800m: 11:42.21			
24.	Valvekens Lily				BEST/21128/09 13:12.76	<b>11:43.49</b>	316
	100m: 1:22.33	200m: 2:51.54	400m: 5:51.70	800m: 11:43.49			
25.	De Cat Do				KAZS/21134/10 11:57.28	<b>11:50.26</b>	307
	100m: 1:20.64	200m: 2:48.43	400m: 5:48.10	800m: 11:50.26			
26.	Van Boxstael Nora				KLSVZ/21072/10 13:10.59	<b>11:56.05</b>	299
	100m: 1:26.13	200m: 2:55.98	400m: 5:57.28	800m: 11:56.05			
27.	Alloing Myrthe				KLSVZ/21063/05 11:45.38	<b>11:58.93</b>	296
	100m: 1:25.45	200m: 2:57.52	400m: 6:00.18	800m: 11:58.93			
28.	Boxho Alice				ZORO/21167/09 12:15.00	<b>12:13.63</b>	278
	100m: 1:23.42	200m: 2:54.95	400m: 6:00.67	800m: 12:13.63			
29.	Dyrnes Nora				SCZ/21105/10 13:15.61	<b>12:25.69</b>	265
	100m: 1:26.66	200m: 3:00.09	400m: 6:10.87	800m: 12:25.69			
30.	Fernandez Pedrera Tarik Laila				KLSVZ/21132/10 14:00.00	<b>12:27.28</b>	263
	100m: 1:31.03	200m: 3:05.25	400m: 6:16.28	800m: 12:27.28			
31.	Amadou Camille				KLSVZ/21092/10 13:21.83	<b>12:29.35</b>	261
	100m: 1:31.03	200m: 3:06.70	400m: 6:19.60	800m: 12:29.35			
32.	Aelen Lin				STZ/21126/10 11:30.00	<b>12:31.45</b>	259
	100m: 1:28.15	200m: 3:01.87	400m: 6:09.45	800m: 12:31.45			
33.	Van Camberg Elena				DDAT/21119/10 12:48.00	<b>12:36.72</b>	254
	100m: 1:26.72	200m: 3:03.15	400m: 6:17.37	800m: 12:36.72			
34.	Van Belle Manon				DDAT/21124/09 12:30.00	<b>13:12.69</b>	221
	100m: 1:29.25	200m: 3:06.35	400m: 6:26.93	800m: 13:12.69			
35.	Bombaert Milla				ZIOS/21105/10 14:09.00	<b>13:32.66</b>	205
	100m: 1:33.45	200m: 3:15.94	400m: 6:43.93	800m: 13:32.66			
36.	Fernandez Pedrera Tarik Maissa				KLSVZ/21133/05 14:00.00	<b>13:43.66</b>	197
	100m: 1:40.88	200m: 3:26.41	400m: 6:56.33	800m: 13:43.66			

PK Lange Afstand 2023  
Meise, 29/10 - 1/11/2023

Programmanr. 1, Meisjes, 800m vrije slag, 13 - 14 jaar

Rang		Inschr.	Tijd	Pnt
37.	Veuchelen Alexia	KLSVZ/21073/0	13:43.19	<b>13:45.10</b> 196
	100m: 1:37.69 200m: 3:24.66 400m: 6:56.82 800m: 13:45.10			
38.	Muylaert Yaelle	ZIOS/21111/09	15:10.00	<b>15:15.53</b> 143
	100m: 1:39.25 200m: 3:33.53 400m: 7:29.03 800m: 15:15.53			
FF	Laenen Febe	FFKLSVZ/21078/1	11:42.04	

15 - 16 jaar

1.	Vedernikova Marina	SCWR/21044/08	9:29.30	<b>9:39.66</b> 565
	100m: 1:08.32 200m: 2:22.28 400m: 4:50.40 800m: 9:39.66			
2.	Vanderbruggen Luca	KLSVZ/21039/07	9:52.02	<b>9:44.31</b> 552
	100m: 1:09.75 200m: 2:23.46 400m: 4:51.56 800m: 9:44.31			
3.	De Weerd Amélie	ZCT/21054/07	9:51.95	<b>9:50.39</b> 535
	100m: 1:11.50 200m: 2:25.53 400m: 4:54.68 800m: 9:50.39			
4.	Budnak Carolina	SCWR/21042/08	9:54.58	<b>10:03.48</b> 501
	100m: 1:11.03 200m: 2:26.48 400m: 4:58.97 800m: 10:03.48			
5.	Put Amélie	KAZS/21128/07	10:11.92	<b>10:11.19</b> 482
	100m: 1:11.69 200m: 2:28.26 400m: 5:03.26 800m: 10:11.19			
6.	Clerbout Fillo	ZCK/22052/08	10:30.00	<b>10:14.43</b> 474
	100m: 1:11.25 200m: 2:27.93 400m: 5:09.50 800m: 10:14.43			
7.	De Baerdemaeker Paulien	LAQUA/21299/0	10:25.28	<b>10:15.14</b> 473
	100m: 1:14.38 200m: 2:31.92 400m: 5:07.05 800m: 10:15.14			
8.	Simons Xante	KLSVZ/21060/0	10:36.09	<b>10:17.16</b> 468
	100m: 1:13.02 200m: 2:30.73 400m: 5:06.72 800m: 10:17.16			
9.	Geeroms Lien	SCZ/21015/07	9:58.04	<b>10:23.64</b> 454
	100m: 1:10.86 200m: 2:26.45 400m: 5:04.80 800m: 10:23.64			
10.	Deldicque Aiko	ZORO/21098/08	10:23.49	<b>10:25.77</b> 449
	100m: 1:15.63 200m: 2:36.59 400m: 5:16.40 800m: 10:25.77			
11.	Vanlaere Lena	KLSVZ/21053/0	11:00.30	<b>10:28.74</b> 443
	100m: 1:15.82 200m: 2:35.81 400m: 5:16.68 800m: 10:28.74			
12.	van der Poel Lara	SCZ/21051/08	10:54.91	<b>10:37.70</b> 424
	100m: 1:13.34 200m: 2:31.88 400m: 5:10.98 800m: 10:37.70			
13.	Dewyn Chloé	KAZS/21165/07	10:36.00	<b>10:46.41</b> 407
	100m: 1:15.34 200m: 2:36.85 400m: 5:20.91 800m: 10:46.41			
14.	Roosen Anouk	KLSVZ/21075/0	11:00.03	<b>10:50.86</b> 399
	100m: 1:15.25 200m: 2:34.86 400m: 5:15.50 800m: 10:50.86			
15.	Brugman Serena	KAZS/21088/08	10:50.32	<b>10:53.00</b> 395
	100m: 1:14.32 200m: 2:36.26 400m: 5:21.07 800m: 10:53.00			
16.	Verspecht Lien	ZCK/22092/08	12:12.83	<b>10:55.66</b> 390
	100m: 1:13.73 200m: 2:35.48 400m: 5:20.66 800m: 10:55.66			
17.	Pillet Annelies	DDAT/21097/08	10:57.11	<b>11:12.38</b> 362
	100m: 1:16.12 200m: 2:40.74 400m: 5:31.95 800m: 11:12.38			
18.	Mahmoudi Eya	KLSVZ/21057/0	11:17.09	<b>11:13.64</b> 360
	100m: 1:16.79 200m: 2:40.60 400m: 5:31.74 800m: 11:13.64			
19.	Smets Danique	KLSVZ/21076/0	12:00.00	<b>11:18.21</b> 353
	100m: 1:20.11 200m: 2:46.53 400m: 5:38.46 800m: 11:18.21			
20.	Paredis Jill	ALZV/21124/07	11:26.87	<b>11:34.20</b> 329
	100m: 1:22.57 200m: 2:49.59 400m: 5:43.51 800m: 11:34.20			
21.	Jacobs Laurien	ZCK/22082/08	13:42.84	<b>11:46.44</b> 312
	100m: 1:23.46 200m: 2:52.21 400m: 5:52.82 800m: 11:46.44			

PK Lange Afstand 2023  
Meise, 29/10 - 1/11/2023

Programmanr. 1, Meisjes, 800m vrije slag, 15 - 16 jaar

Rang	Inschr.	Tijd	Pnt
22. De Witte Liesl	TRUST/21069/07	12:14.24	278
100m: 1:22.71	200m: 2:52.99	400m: 5:57.53	800m: 12:14.24
23. Union Margot	ZORO/21100/07	12:29.35	261
100m: 1:23.43	200m: 2:54.35	400m: 6:03.83	800m: 12:29.35
24. Van Gorp Clara	KLSVZ/21055/07	12:32.75	258
100m: 1:31.08	200m: 3:02.43	400m: 6:11.78	800m: 12:32.75
FF Vandervelpen Merel	FFTRUST/21082/07	10:30.00	

17 jaar en ouder

1. Puttaert Elien	DDAT/20319/04	10:02.67	503
100m: 1:11.73	200m: 2:26.70	400m: 4:58.52	800m: 10:02.67
2. Wouters Briana	KAZS/21151/06	10:04.23	499
100m: 1:08.77	200m: 2:22.28	400m: 4:51.51	800m: 10:04.23
3. Borremans Lotte	DDAT/21006/03	10:12.06	480
100m: 1:10.99	200m: 2:27.13	400m: 5:01.17	800m: 10:12.06
4. Trioen Joke	DDAT/20279/02	10:22.51	456
100m: 1:13.60	200m: 2:31.25	400m: 5:07.52	800m: 10:22.51
5. Chabeau Romane	SCWR/21024/07	10:30.19	440
100m: 1:14.73	200m: 2:35.36	400m: 5:15.86	800m: 10:30.19
6. Meyer Eline	TRUST/21044/07	10:44.37	411
100m: 1:15.61	200m: 2:35.88	400m: 5:16.90	800m: 10:44.37
7. Verwaest Fien	ZORO/21148/06	10:50.06	400
100m: 1:17.40	200m: 2:39.99	400m: 5:26.37	800m: 10:50.06
8. Janssens Jelena	DDAT/21075/05	11:37.17	325
100m: 1:21.49	200m: 2:47.93	400m: 5:43.46	800m: 11:37.17
FF Van Gorp Emma	FFKLSVZ/21049/07	11:11.90	

2 - zondag 29 oktober 2023

29/10/2023 - 14:00

Programmanr. 2  
29/10/2023 - 14:00

400m vrije slag

9 - 10 jaar  
Resultaten

Punten: FINA 2022

Rang	Inschr.	Tijd	Pnt
9 - 10 jaar, Meisjes			
1. Van Roy Onah	ALZV/21139/13	5:38.12	331
100m: 1:21.63	200m: 2:49.17	400m: 5:38.12	
2. Deploige Felien	TRUST/21213/13	5:45.75	309
100m: 1:21.97	200m: 2:51.03	400m: 5:45.75	
3. Nuytkens Marie	ZCK/22113/13	6:10.46	251
100m: 1:28.49	200m: 3:04.64	400m: 6:10.46	
4. Aelbrecht Juliette	ZCK/22117/13	6:16.11	240
100m: 1:28.49	200m: 3:05.55	400m: 6:16.11	
5. Rosseel Janne	TRUST/21220/14	6:19.65	233
100m: 1:29.40	200m: 3:06.40	400m: 6:19.65	
6. Verspecht Kaat	ZCK/22119/13	6:23.06	227
100m: 1:30.69	200m: 3:09.48	400m: 6:23.06	

PK Lange Afstand 2023  
Meise, 29/10 - 1/11/2023

Programmanr. 2, Meisjes, 400m vrije slag, 9 - 10 jaar

Rang					Inscr.	Tijd	Pnt
7.	Petkova Sofia				SCZ/21100/13	7:22.18	225
	100m: 1:32.25	200m: 3:12.40	400m: 6:24.22			<b>6:24.22</b>	
8.	Biesemans Jana				ZIOS/21109/13	NT	217
	100m: 1:32.38	200m: 3:12.98	400m: 6:28.81			<b>6:28.81</b>	
9.	Devue Rosalie				KAZS/21141/13	7:13.02	207
	100m: 1:34.99	200m: 3:19.11	400m: 6:35.42			<b>6:35.42</b>	
10.	Moxhet Tess				DIZV/21133/13	7:34.09	188
	100m: 1:37.18	200m: 3:22.01	400m: 6:47.91			<b>6:47.91</b>	
11.	De Wilde Margot				DIZV/21131/13	7:36.66	185
	100m: 1:42.43	200m: 3:29.58	400m: 6:49.80			<b>6:49.80</b>	
12.	Schaerlaeken Noor				ZCK/42121/13	NT	148
	100m: 1:46.55	200m: 3:40.38	400m: 7:21.90			<b>7:21.90</b>	
13.	Kerckhofs Wouke				BEST/21148/13	NT	146
	100m: 1:48.38	200m: 3:41.96	400m: 7:23.40			<b>7:23.40</b>	
14.	Van Praet Fiona				DIZV/21140/13	NT	144
	100m: 1:39.58	200m: 3:35.66	400m: 7:26.05			<b>7:26.05</b>	
15.	Boudart Lucie				KLSVZ/21137/13	NT	134
	100m: 1:47.27	200m: 3:44.51	400m: 7:36.33			<b>7:36.33</b>	
16.	Struyf Marie				TRUST/21222/13	NT	106
	100m: 1:54.00	200m: 4:00.47	400m: 8:14.18			<b>8:14.18</b>	

9 - 10 jaar, Jongens

1.	Aerts Lenn				SCWR/11071/13	5:51.08	229
	100m: 1:21.19	200m: 2:50.35	400m: 5:46.51			<b>5:46.51</b>	
2.	Jacquemyns Kobe				DDAT/11137/13	5:53.47	219
	100m: 1:21.92	200m: 2:50.81	400m: 5:51.98			<b>5:51.98</b>	
3.	Ginkels Robbe				LAQUA/11571/14	NT	205
	100m: 1:27.38	200m: 2:58.87	400m: 5:59.85			<b>5:59.85</b>	
4.	Rooman Alexis				LAQUA/11538/13	NT	195
	100m: 1:28.06	200m: 3:04.17	400m: 6:05.74			<b>6:05.74</b>	
5.	Lemmens Luca				TRUST/11208/13	6:24.99	181
	100m: 1:29.10	200m: 3:05.91	400m: 6:14.62			<b>6:14.62</b>	
6.	Louckx Tim				SCWR/11068/14	6:57.20	144
	100m: 1:34.28	200m: 3:17.60	400m: 6:44.55			<b>6:44.55</b>	
7.	Feyaerts Jeroen				TRUST/11210/13	6:33.72	138
	100m: 1:38.57	200m: 3:23.42	400m: 6:50.57			<b>6:50.57</b>	
8.	Laenen Cid				KLSVZ/11123/13	NT	138
	100m: 1:38.45	200m: 3:25.66	400m: 6:50.63			<b>6:50.63</b>	
9.	Willems Robbe				KAZS/11167/13	NT	129
	100m: 1:42.23	200m: 3:30.03	400m: 6:59.25			<b>6:59.25</b>	
10.	De Mesmaeker Loann				DDAT/11149/13	7:06.59	126
	100m: 1:37.16	200m: 3:26.46	400m: 7:03.32			<b>7:03.32</b>	
11.	Gevers Nand				BEST/11154/13	NT	105
	100m: 1:44.96	200m: 3:40.02	400m: 7:29.50			<b>7:29.50</b>	
12.	Haezebrouck Thijs				DIZV/11139/13	NT	90
	100m: 1:49.12	200m: 3:50.47	400m: 7:52.08			<b>7:52.08</b>	
FF	Claes Tiebe				FFDDAT/11139/13	6:22.82	

PK Lange Afstand 2023  
Meise, 29/10 - 1/11/2023

Programmanr. 3  
29/10/2023 - 14:47

Heren, 1500m vrije slag

11 jaar en ouder  
Resultaten

Punten: FINA 2022

Rang	Inschr.	Tijd	Pnt
11 - 12 jaar			
1.	Vanderlinden Roald LAQUA/11441/121:10.91	<b>20:20.48</b>	334
	100m: 1:15.84 200m: 2:36.71 400m: 5:21.30 800m: 10:51.12 1500m: 20:20.48		
2.	Aerts Mads SCWR/11056/121:38.38	<b>20:39.56</b>	318
	100m: 1:19.24 200m: 2:41.45 400m: 5:27.03 800m: 11:02.59 1500m: 20:39.56		
3.	Hallet Brent STZ/11118/11 21:30.00	<b>21:13.69</b>	293
	100m: 1:14.79 200m: 2:36.37 400m: 5:25.16 800m: 11:07.94 1500m: 21:13.69		
4.	Vanstechelman Lucas DDAT/11136/11 21:00.00	<b>21:21.19</b>	288
	100m: 1:18.67 200m: 2:43.11 400m: 5:34.28 800m: 11:20.84 1500m: 21:21.19		
5.	Wauters Sacha SCWR/11062/123:29.07	<b>21:37.40</b>	278
	100m: 1:22.02 200m: 2:48.25 400m: 5:43.76 800m: 11:33.07 1500m: 21:37.40		
6.	Chabottier Largo KLSVZ/11120/125:00.00	<b>21:46.80</b>	272
	100m: 1:22.35 200m: 2:51.38 400m: 4:48.63 800m: 11:42.96 1500m: 21:46.80		
7.	Van Den Broeck Tiebe ZCK/12102/11 23:41.49	<b>22:13.33</b>	256
	100m: 1:22.36 200m: 2:52.87 400m: 5:51.50 800m: 11:52.14 1500m: 22:13.33		
8.	Nijs Bas TRUST/11191/123:00.00	<b>22:21.53</b>	251
	100m: 1:25.65 200m: 2:57.63 400m: 6:01.10 800m: 12:06.57 1500m: 22:21.53		
9.	Tronckoe Kobe DDAT/11131/11 21:30.00	<b>22:39.91</b>	241
	100m: 1:21.83 200m: 2:51.19 400m: 5:52.10 800m: 12:00.44 1500m: 22:39.91		
10.	Maertens Toon ZCT/11140/12 23:00.00	<b>22:40.31</b>	241
	100m: 1:26.65 200m: 2:57.61 400m: 6:01.30 800m: 12:07.60 1500m: 22:40.31		
11.	Verheyen Stephen ZCT/11139/11 23:00.00	<b>22:58.21</b>	232
	100m: 1:29.27 200m: 3:03.21 400m: 6:06.39 800m: 12:17.80 1500m: 22:58.21		
12.	Verbruggen Mats KAZS/11101/11 22:00.00	<b>23:02.44</b>	229
	100m: 1:30.22 200m: 3:03.25 400m: 6:08.37 800m: 12:16.02 1500m: 23:02.44		
13.	Van Nooten Tijl LAQUA/11489/123:15.00	<b>23:12.08</b>	225
	100m: 1:26.23 200m: 2:55.55 400m: 6:02.55 800m: 12:26.66 1500m: 23:12.08		
14.	Vranckx Boudewijn LAQUA/11449/122:00.00	<b>23:13.03</b>	224
	100m: 1:25.50 200m: 2:57.91 400m: 6:06.84 800m: 12:24.68 1500m: 23:13.03		
15.	Haenen Colin STZ/11125/11 21:30.00	<b>23:19.62</b>	221
	100m: 1:28.84 200m: 3:04.01 400m: 6:15.72 800m: 12:43.95 1500m: 23:19.62		
16.	Ratiu Matheo ZCT/11146/12 23:00.00	<b>23:51.59</b>	207
	100m: 1:28.71 200m: 3:01.57 400m: 6:12.31 800m: 12:40.21 1500m: 23:51.59		
17.	Abouazar Pieter STZ/11113/11 21:30.00	<b>24:17.47</b>	196
	100m: 1:33.64 200m: 3:12.75 400m: 6:35.35 800m: 13:09.33 1500m: 24:17.47		
18.	Jacri Thibault KLSVZ/11127/125:00.00	<b>24:20.75</b>	194
	100m: 1:31.78 200m: 3:08.00 400m: 6:21.50 800m: 12:51.82 1500m: 24:20.75		
19.	Vanthyne Wout ALZV/11159/12 29:03.00	<b>24:24.73</b>	193
	100m: 1:33.32 200m: 3:17.55 400m: 6:37.54 800m: 13:12.79 1500m: 24:24.73		
20.	Carrasco Cuesta Luis SCZ/11098/12 26:30.00	<b>25:48.76</b>	163
	100m: 1:36.76 200m: 3:18.48 400m: 6:43.26 800m: 13:42.26 1500m: 25:48.76		
21.	Baghdasaryan Ruben ALZV/11158/11 30:00.00	<b>26:07.90</b>	157
	100m: 1:35.37 200m: 3:18.54 400m: 6:47.22 800m: 13:50.00 1500m: 26:07.90		
22.	Hermans Viktor ALZV/11156/12 30:30.00	<b>26:45.46</b>	146
	100m: 1:37.80 200m: 3:24.76 400m: 7:01.55 800m: 14:20.30 1500m: 26:45.46		

PK Lange Afstand 2023  
Meise, 29/10 - 1/11/2023

Programmanr. 3, Jongens, 1500m vrije slag, 11 - 12 jaar

Rang		Inschr.	Tijd	Pnt
23.	Maier Enzo	SCZ/11102/11 30:00.00	<b>30:05.18</b>	103
	100m: 1:45.28 200m: 3:41.96 400m: 7:44.96 800m: 16:00.96 1500m: 30:05.18			
FF	Van Dyck Seth	FFZCT/11136/11 23:00.00		
FF	Desterke Jean-Baptiste	FFBEST/11151/12 25:45.00		
FF	Maclot Loïc	FFALZV/11154/12 30:30.00		
FF	Van Den Berghe Vince	FFALZV/11147/12 29:24.00		

13 - 14 jaar

1.	Lissens Tuur	LAQUA/11393/11 19:42.04	<b>18:02.82</b>	478
	100m: 1:07.92 200m: 2:20.56 400m: 4:47.21 800m: 9:41.23 1500m: 18:02.82			
2.	Van Hoof Cobe	BEST/11118/10 19:00.00	<b>18:33.18</b>	440
	100m: 1:09.86 200m: 2:24.77 400m: 4:53.58 800m: 9:54.47 1500m: 18:33.18			
3.	Moulaert Tiemo	DDAT/11130/09 18:30.00	<b>18:51.57</b>	419
	100m: 1:11.07 200m: 2:27.57 400m: 4:58.34 800m: 10:00.57 1500m: 18:51.57			
4.	Decaluwé Georges	ZCT/11097/09 19:06.22	<b>18:53.41</b>	417
	100m: 1:12.47 200m: 2:28.60 400m: 4:58.44 800m: 10:04.12 1500m: 18:53.41			
5.	Van Sintejan Romain	SCWR/11052/10 19:48.32	<b>19:02.41</b>	407
	100m: 1:10.09 200m: 2:26.26 400m: 4:56.76 800m: 10:02.79 1500m: 19:02.41			
6.	Heuninck Miel	ZIOS/11097/10 19:55.00	<b>19:16.41</b>	392
	100m: 1:13.63 200m: 2:30.51 400m: 5:06.06 800m: 10:21.09 1500m: 19:16.41			
7.	Geladi Bjorn	TRUST/11205/09 19:15.95	<b>19:22.51</b>	386
	100m: 1:11.77 200m: 2:28.51 400m: 5:03.33 800m: 10:18.53 1500m: 19:22.51			
8.	Pasteels Einar	TRUST/11087/09 19:48.26	<b>19:26.85</b>	382
	100m: 1:10.14 200m: 2:25.87 400m: 5:00.03 800m: 10:18.45 1500m: 19:26.85			
9.	Van Grunderbeeck Bas	ZCT/11110/09 21:15.57	<b>19:33.37</b>	375
	100m: 1:13.60 200m: 2:30.13 400m: 5:05.63 800m: 10:25.10 1500m: 19:33.37			
10.	Vervloessem Frits	ZCT/11102/10 19:34.27	<b>19:49.53</b>	360
	100m: 1:17.53 200m: 2:38.06 400m: 5:19.18 800m: 10:42.21 1500m: 19:49.53			
11.	Geens Dré	ZCT/11117/09 19:30.61	<b>20:03.92</b>	348
	100m: 1:15.98 200m: 2:35.91 400m: 5:14.71 800m: 10:35.58 1500m: 20:03.92			
12.	Berlamont Daan	LAQUA/11535/11 22:40.00	<b>20:07.75</b>	344
	100m: 1:15.48 200m: 2:35.36 400m: 5:17.20 800m: 10:47.28 1500m: 20:07.75			
13.	Willem Arthur	KAZS/11114/09 21:25.00	<b>20:10.50</b>	342
	100m: 1:19.75 200m: 2:44.41 400m: 5:30.68 800m: 10:57.00 1500m: 20:10.50			
14.	De Witte Leo	KAZS/11102/10 21:20.00	<b>20:14.11</b>	339
	100m: 1:20.29 200m: 2:45.08 400m: 5:30.23 800m: 10:56.37 1500m: 20:14.11			
15.	Dehaen Ferre	KLSVZ/11114/09 23:00.00	<b>20:26.65</b>	329
	100m: 1:17.22 200m: 2:39.33 400m: 5:23.22 800m: 10:50.79 1500m: 20:26.65			
16.	Van Nooten Vic	LAQUA/11454/11 22:09.00	<b>20:34.76</b>	322
	100m: 1:17.23 200m: 2:41.24 400m: 5:28.88 800m: 11:03.13 1500m: 20:34.76			
17.	Meremans Mathys	LAQUA/11407/11 22:03.30	<b>20:35.01</b>	322
	100m: 1:15.87 200m: 2:37.33 400m: 5:22.61 800m: 10:55.80 1500m: 20:35.01			
18.	Slootmaekers Matteo	LAQUA/11387/11 21:57.81	<b>20:38.57</b>	319
	100m: 1:18.08 200m: 2:41.08 400m: 5:29.70 800m: 11:05.95 1500m: 20:38.57			
19.	Slaets Cédric	ZCT/11091/09 20:44.85	<b>20:41.15</b>	317
	100m: 1:17.54 200m: 2:40.37 400m: 5:21.37 800m: 11:02.16 1500m: 20:41.15			
20.	Mertens Sibbe	ZCT/11133/10 22:00.00	<b>20:41.32</b>	317
	100m: 1:21.04 200m: 2:45.46 400m: 5:34.39 800m: 11:08.85 1500m: 20:41.32			



PK Lange Afstand 2023  
Meise, 29/10 - 1/11/2023

Programmanr. 3, Jongens, 1500m vrije slag, 13 - 14 jaar

Rang	Inschr.	Tijd	Pnt
21. Gypen Thomas	ZCT/11115/10 21:53.34	<b>20:45.62</b>	314
100m: 1:20.87 200m: 2:43.90 400m: 5:32.47 800m: 11:06.19 1500m: 20:45.62			
22. Spiritus Simon	TRUST/11165/10 23:24.87	<b>21:00.61</b>	303
100m: 1:14.47 200m: 2:37.25 400m: 5:25.40 800m: 11:05.25 1500m: 21:00.61			
23. Bobev Boyan	LAQUA/11400/12 22:30.00	<b>21:06.16</b>	299
100m: 1:19.69 200m: 2:45.56 400m: 5:34.56 800m: 11:14.63 1500m: 21:06.16			
24. Van Eeckhoudt Tuur	TRUST/11157/09 22:26.50	<b>21:24.18</b>	286
100m: 1:18.25 200m: 2:42.00 400m: 5:30.00 800m: 11:16.33 1500m: 21:24.18			
25. Volckaert Thomas	ZIOS/11106/10 23:00.00	<b>21:29.70</b>	283
100m: 1:17.79 200m: 2:43.90 400m: 5:35.10 800m: 11:24.66 1500m: 21:29.70			
26. Bas Briek	STZ/11115/10 22:35.89	<b>21:33.20</b>	280
100m: 1:19.13 200m: 2:44.80 400m: 5:37.03 800m: 11:22.48 1500m: 21:33.20			
27. Stumm Charles	LAQUA/11399/12 22:09.00	<b>21:50.35</b>	269
100m: 1:23.11 200m: 2:50.13 400m: 5:47.80 800m: 11:42.00 1500m: 21:50.35			
28. Wouters Thomas	BEST/11124/09 25:15.97	<b>21:58.41</b>	265
100m: 1:22.62 200m: 2:53.62 400m: 5:52.30 800m: 11:56.16 1500m: 21:58.41			
29. Van Houcke Quinten	ZIOS/11084/10 24:00.00	<b>22:03.39</b>	262
100m: 1:22.05 200m: 2:49.84 400m: 5:47.83 800m: 11:49.44 1500m: 22:03.39			
30. Flores Sébastien	KLSVZ/11115/09 25:00.00	<b>22:03.74</b>	261
100m: 1:23.35 200m: 2:52.99 400m: 5:53.03 800m: 11:50.52 1500m: 22:03.74			
31. Puttaert Arthur	DDAT/11111/10 21:35.00	<b>22:04.64</b>	261
100m: 1:26.47 200m: 2:58.00 400m: 5:57.66 800m: 11:52.42 1500m: 22:04.64			
32. Claes Elian	DDAT/11105/10 22:30.00	<b>22:04.77</b>	261
100m: 1:21.74 200m: 2:50.95 400m: 5:51.14 800m: 11:48.68 1500m: 22:04.77			
33. Adams Henry	DIZV/11117/10 30:00.00	<b>22:29.57</b>	247
100m: 1:20.59 200m: 2:48.99 400m: 5:50.56 800m: 11:55.37 1500m: 22:29.57			
34. De Haes Tibo	STZ/11112/10 24:03.80	<b>22:42.18</b>	240
100m: 1:22.64 200m: 2:53.77 400m: 5:57.38 800m: 12:04.29 1500m: 22:42.18			
35. Janssens Jaron	DDAT/11113/09 22:15.00	<b>23:06.93</b>	227
100m: 1:23.13 200m: 2:54.45 400m: 6:00.63 800m: 12:16.34 1500m: 23:06.93			
36. Vekeman Kwinte	STZ/11130/10 21:30.00	<b>23:55.04</b>	205
100m: 1:24.48 200m: 2:57.06 400m: 6:10.35 800m: 12:36.22 1500m: 23:55.04			
37. Van Praet Jules	DIZV/11096/10 32:00.00	<b>23:55.61</b>	205
100m: 1:24.16 200m: 2:59.54 400m: 6:13.84 800m: 12:45.91 1500m: 23:55.61			
FF Roovers Lucas	FFKAZS/11085/09 20:50.00		

15 - 16 jaar

1. Volckaert Matthias	ZIOS/11067/08 17:30.00	<b>17:10.68</b>	554
100m: 1:04.06 200m: 2:14.47 400m: 4:36.96 800m: 9:14.82 1500m: 17:10.68			
2. Verroken Gerben	DDAT/11072/08 17:20.00	<b>17:15.02</b>	547
100m: 1:05.41 200m: 2:15.16 400m: 4:36.91 800m: 9:15.26 1500m: 17:15.02			
3. De Backer Bjorn	ZIOS/11045/07 18:30.00	<b>17:32.23</b>	521
100m: 1:07.45 200m: 2:18.13 400m: 4:40.13 800m: 9:22.95 1500m: 17:32.23			
4. Vets Siebe	KAZS/11065/08 18:24.63	<b>18:00.35</b>	481
100m: 1:06.56 200m: 2:18.12 400m: 4:40.86 800m: 9:29.61 1500m: 18:00.35			
5. Raes Dries	KAZS/11182/07 17:30.00	<b>18:08.45</b>	471
100m: 1:06.35 200m: 2:17.63 400m: 4:41.56 800m: 9:35.81 1500m: 18:08.45			
6. Rombouts Leonard	SCZ/11092/07 19:47.00	<b>18:11.48</b>	467
100m: 1:06.71 200m: 2:18.63 400m: 4:42.10 800m: 9:40.30 1500m: 18:11.48			

PK Lange Afstand 2023  
Meise, 29/10 - 1/11/2023

Programmanr. 3, Jongens, 1500m vrije slag, 15 - 16 jaar

Rang					Inscr.	Tijd	Pnt
7.	Van der Borgh Floris				ZCT/11072/08	18:20.20	<b>18:15.55</b> 461
	100m:	1:11.93	200m:	2:26.32	400m:	4:52.65	800m: 9:44.48 1500m: 18:15.55
8.	Pelgrims Lowie				ZCT/11073/08	18:34.19	<b>18:18.27</b> 458
	100m:	1:11.13	200m:	2:24.95	400m:	4:51.91	800m: 9:46.11 1500m: 18:18.27
9.	Chafwehe Théo				KLSVZ/11140/08	19:41.00	<b>18:37.33</b> 435
	100m:	1:10.22	200m:	2:25.47	400m:	4:56.72	800m: 9:55.75 1500m: 18:37.33
10.	Persoons Emiel				ZIOS/11078/08	19:40.00	<b>18:40.02</b> 432
	100m:	1:12.96	200m:	2:27.89	400m:	5:00.23	800m: 10:00.29 1500m: 18:40.02
11.	De Peyper Noah				ZIOS/11070/08	19:00.00	<b>19:00.38</b> 409
	100m:	1:09.64	200m:	2:25.09	400m:	4:57.92	800m: 10:04.96 1500m: 19:00.38
12.	Stappaerts Jari				KAZS/11187/08	18:45.00	<b>19:17.03</b> 392
	100m:	1:11.63	200m:	2:28.87	400m:	5:01.95	800m: 10:10.70 1500m: 19:17.03
13.	Delimont Arnaud				TRUST/11092/08	19:11.89	<b>19:29.73</b> 379
	100m:	1:09.80	200m:	2:26.19	400m:	4:59.73	800m: 10:16.41 1500m: 19:29.73
14.	Eugene Felix				ZORO/11114/07	19:30.00	<b>19:36.92</b> 372
	100m:	1:13.99	200m:	2:33.10	400m:	5:10.81	800m: 10:28.45 1500m: 19:36.92
15.	Maes Yoran				TRUST/11156/08	18:56.13	<b>19:37.01</b> 372
	100m:	1:10.92	200m:	2:28.64	400m:	5:07.15	800m: 10:24.23 1500m: 19:37.01
16.	Geens Thibaut				ZCK/12035/07	20:17.92	<b>19:37.98</b> 371
	100m:	1:12.96	200m:	2:30.50	400m:	5:04.73	800m: 10:21.23 1500m: 19:37.98
17.	De Wilde Daan				DDAT/11054/08	19:30.00	<b>19:46.07</b> 364
	100m:	1:11.25	200m:	2:29.54	400m:	5:06.07	800m: 10:23.25 1500m: 19:46.07
18.	Cornelissen Lars				ALZV/11116/08	20:20.92	<b>19:50.44</b> 360
	100m:	1:13.12	200m:	2:30.44	400m:	5:03.05	800m: 10:17.87 1500m: 19:50.44
19.	Wouters Hannes				KAZS/11077/08	20:45.00	<b>20:10.34</b> 342
	100m:	1:16.66	200m:	2:37.19	400m:	5:17.41	800m: 10:41.38 1500m: 20:10.34
20.	Peersman Niel				ALZV/11078/07	22:32.59	<b>20:11.48</b> 341
	100m:	1:14.36	200m:	2:34.17	400m:	5:19.34	800m: 10:47.66 1500m: 20:11.48
21.	Mikolajuk Adrian				ALZV/11123/08	21:18.81	<b>22:42.49</b> 240
	100m:	1:12.78	200m:	3:13.84	400m:	5:24.46	800m: 11:42.21 1500m: 22:42.49
FF	Bernath Benjamin				FFKAZS/11071/07	18:00.00	
FF	Baghdasaryan Gevorg				FFALZV/11120/08	20:48.87	

17 jaar en ouder

1.	Van Boxstael Berend				KLSVZ/11044/08	19:41.09	<b>18:38.30</b> 434
	100m:	1:12.14	200m:	2:26.36	400m:	4:56.49	800m: 9:59.22 1500m: 18:38.30
2.	Paoletti Luca Giorgio				SCWR/11072/08	16:45.22	<b>19:13.27</b> 395
	100m:	1:04.98	200m:	2:14.92	400m:	4:37.62	800m: 9:46.75 1500m: 19:13.27
3.	Mees Brent				SCZ/10173/03	18:30.00	<b>19:18.38</b> 390
	100m:	1:15.44	200m:	2:31.21	400m:	5:05.53	800m: 10:17.63 1500m: 19:18.38
4.	Callewaert Lucas				ZORO/11137/06	22:00.00	<b>21:49.87</b> 270
	100m:	1:16.20	200m:	2:40.17	400m:	5:32.10	800m: 11:26.10 1500m: 21:49.87

PK Lange Afstand 2023  
Meise, 29/10 - 1/11/2023

3 - woensdag 1 november 2023

1/11/2023 - 9:30

Programmanr. 4  
1/11/2023 - 9:30

Heren, 800m vrije slag

11 jaar en ouder  
Resultaten

Punten: FINA 2022

Rang	Inschr.	Tijd	Pnt
<b>11 - 12 jaar</b>			
1. Vanderlinden Roald	LAQUA/11441/11	10:46.95	341
100m: 1:16.85	200m: 2:37.31	400m: 5:18.25	800m: 10:34.35
2. Aerts Mads	SCWR/11056/11	10:45.21	318
100m: 1:16.46	200m: 2:37.43	400m: 5:20.04	800m: 10:49.56
3. Vanstechelman Lucas	DDAT/11136/11	10:57.53	307
100m: 1:12.57	200m: 2:35.85	400m: 5:25.71	800m: 10:56.78
4. Dumon Ilan	LAQUA/11452/11	11:03.00	289
100m: 1:17.87	200m: 2:42.72	400m: 5:34.05	800m: 11:10.17
5. Spadea Mattia	LAQUA/11461/11	11:04.00	278
100m: 1:21.40	200m: 2:48.76	400m: 5:40.24	800m: 11:19.33
6. Wauters Sacha	SCWR/11062/11	11:17.08	273
100m: 1:18.70	200m: 2:44.83	400m: 5:37.47	800m: 11:22.80
7. Tronckoe Kobe	DDAT/11131/11	11:20.00	257
100m: 1:19.28	200m: 2:46.59	400m: 5:45.41	800m: 11:36.91
8. Vanderborcht Milan	SCZ/11086/11	13:06.28	257
100m: 1:22.03	200m: 2:50.78	400m: 5:51.32	800m: 11:36.98
9. Vranckx Boudewijn	LAQUA/11449/11	11:31.00	257
100m: 1:22.07	200m: 2:50.73	400m: 5:49.94	800m: 11:37.17
10. Schepens Toor	ZCT/11149/12	12:30.00	204
100m: 1:27.70	200m: 3:03.77	400m: 6:15.70	800m: 12:32.74
11. Rockelé Lowie	ZCT/11157/12	13:00.00	197
100m: 1:27.88	200m: 3:04.09	400m: 6:25.57	800m: 12:41.61
12. Wysgeer Lennart	ZCT/11150/12	13:10.00	168
100m: 1:37.45	200m: 3:19.48	400m: 6:42.91	800m: 13:22.98
13. Mertens Lander	ZCT/11156/12	13:10.00	156
100m: 1:36.53	200m: 3:19.32	400m: 6:48.98	800m: 13:41.98
14. Peeters Kobe	DIZV/11122/11	16:58.00	156
100m: 1:34.57	200m: 3:17.09	400m: 6:48.75	800m: 13:43.46
15. De Peyper Mats	ZIOS/11113/11	13:32.00	134
100m: 1:33.76	200m: 3:21.17	400m: 7:01.14	800m: 14:25.09
16. Van Den Brande Lucas	ZCK/12108/11	15:00.00	128
100m: 1:40.61	200m: 3:33.28	400m: 7:21.15	800m: 14:38.95
17. Waltniel Bavo	ZIOS/11110/12	15:46.00	101
100m: 1:48.77	200m: 3:52.47	400m: 8:04.44	800m: 15:50.73

**13 - 14 jaar**

1. Moulart Tiemo	DDAT/11130/09	9:45.00	465
100m: 1:08.10	200m: 2:22.06	400m: 4:48.45	800m: 9:32.21
2. Lissens Tuur	LAQUA/11393/11	10:21.14	452
100m: 1:07.30	200m: 2:18.95	400m: 4:45.77	800m: 9:37.70
3. Van Sintejan Romain	SCWR/11052/11	10:39.44	414
100m: 1:09.26	200m: 2:23.79	400m: 4:51.47	800m: 9:54.66

PK Lange Afstand 2023  
Meise, 29/10 - 1/11/2023

Programmanr. 4, Jongens, 800m vrije slag, 13 - 14 jaar

Rang					Inschr.	Tijd	Pnt
4.	Bakx Warre				ZCK/12095/10	11:13.66	<b>10:14.06</b> 376
	100m:	1:09.81	200m:	2:52.63	400m:	5:01.31	800m: 10:14.06
5.	Zouhri Amir				LAQUA/11477/11	11:06.16	<b>10:20.63</b> 364
	100m:	1:12.55	200m:	2:31.45	400m:	5:09.72	800m: 10:20.63
6.	Meremans Mathys				LAQUA/11407/11	11:44.90	<b>10:24.62</b> 357
	100m:	1:10.07	200m:	2:29.61	400m:	5:07.69	800m: 10:24.62
7.	Berlamont Daan				LAQUA/11535/11	12:06.00	<b>10:29.51</b> 349
	100m:	1:12.63	200m:	2:32.87	400m:	5:14.81	800m: 10:29.51
8.	Slootmaekers Matteo				LAQUA/11387/11	11:34.08	<b>10:36.43</b> 338
	100m:	1:15.47	200m:	2:35.85	400m:	5:18.21	800m: 10:36.43
9.	De Backer Brent				ZIOS/11101/10	11:00.00	<b>10:50.55</b> 316
	100m:	1:16.41	200m:	2:38.84	400m:	5:26.53	800m: 10:50.55
10.	Bobev Boyan				LAQUA/11400/11	11:46.00	<b>10:52.17</b> 314
	100m:	1:15.37	200m:	2:37.06	400m:	5:24.64	800m: 10:52.17
11.	Waltniel Nand				ZIOS/11085/10	12:00.00	<b>11:34.83</b> 259
	100m:	1:15.66	200m:	2:45.31	400m:	5:45.66	800m: 11:34.83
12.	Coppens Jack				SCZ/11081/10	12:32.25	<b>11:36.69</b> 257
	100m:	1:19.68	200m:	2:47.83	400m:	5:46.37	800m: 11:36.69
13.	Claes Elian				DDAT/11105/10	11:50.85	<b>11:37.47</b> 256
	100m:	1:22.32	200m:	2:50.56	400m:	5:47.59	800m: 11:37.47
14.	Hebbelinc Ruben				ZORO/11166/09	12:00.00	<b>11:38.66</b> 255
	100m:	1:16.29	200m:	2:45.52	400m:	5:46.18	800m: 11:38.66
15.	Janssens Jaron				DDAT/11113/09	11:44.00	<b>11:55.87</b> 237
	100m:	1:22.63	200m:	2:52.63	400m:	5:54.33	800m: 11:55.87
16.	Verherstraeten Kobe				DIZV/11104/10	14:31.99	<b>12:21.74</b> 213
	100m:	1:24.42	200m:	2:56.76	400m:	6:05.32	800m: 12:21.74
17.	Verspecht Kobe				ZCK/12109/10	14:30.00	<b>13:05.45</b> 179
	100m:	1:27.83	200m:	3:06.99	400m:	6:28.31	800m: 13:05.45
18.	Van Loon Bas				ZCK/12122/10	15:00.00	<b>14:53.66</b> 122
	100m:	1:39.02	200m:	3:30.19	400m:	7:22.44	800m: 14:53.66

15 - 16 jaar

1.	Spadea Tommaso				LAQUA/11260/08	9:05.48	<b>8:46.53</b> 597
	100m:	1:01.86	200m:	2:07.61	400m:	4:20.18	800m: 8:46.53
2.	De Backer Bjorn				ZIOS/11045/07	9:05.00	<b>9:16.25</b> 506
	100m:	1:04.90	200m:	2:14.00	400m:	4:39.27	800m: 9:16.25
3.	Van der Borgh Floris				ZCT/11072/08	9:40.00	<b>9:25.88</b> 481
	100m:	1:08.34	200m:	2:21.53	400m:	4:45.88	800m: 9:25.88
4.	Pelgrims Lowie				ZCT/11073/08	9:40.00	<b>9:32.21</b> 465
	100m:	1:08.11	200m:	2:21.86	400m:	4:47.64	800m: 9:32.21
5.	Persoons Emiel				ZIOS/11078/08	10:25.00	<b>9:41.67</b> 443
	100m:	1:08.56	200m:	2:22.09	400m:	4:49.97	800m: 9:41.67
6.	Seghers Michiel				DDAT/11098/07	9:50.35	<b>9:41.93</b> 442
	100m:	1:07.03	200m:	2:21.25	400m:	4:47.65	800m: 9:41.93
7.	De Peyper Noah				ZIOS/11070/08	9:30.00	<b>9:52.98</b> 418
	100m:	1:05.16	200m:	2:21.06	400m:	4:49.41	800m: 9:52.98
8.	Cornelissen Lars				ALZV/11116/08	10:49.68	<b>9:57.67</b> 408
	100m:	1:08.68	200m:	2:21.55	400m:	4:49.55	800m: 9:57.67

PK Lange Afstand 2023  
Meise, 29/10 - 1/11/2023

Programmanr. 4, Jongens, 800m vrije slag, 15 - 16 jaar

Rang		Inschr.	Tijd	Pnt
9.	Robberechts Robbe	ALZV/11062/07 10:13.70	<b>10:07.50</b>	388
	100m: 1:12.81 200m: 2:30.28 400m: 5:06.53 800m: 10:07.50			
10.	Peersman Niel	ALZV/11078/07 11:57.69	<b>10:12.53</b>	379
	100m: 1:09.31 200m: 2:27.39 400m: 5:05.09 800m: 10:12.53			
11.	Mikolajuk Adrian	ALZV/11123/08 10:55.06	<b>10:32.49</b>	344
	100m: 1:10.60 200m: 2:26.20 400m: 5:05.63 800m: 10:32.49			
12.	Bogaerts Neo	SCZ/11041/08 10:55.95	<b>10:41.35</b>	330
	100m: 1:12.45 200m: 2:31.27 400m: 5:12.63 800m: 10:41.35			
13.	Verheyen Milo	ZORO/11147/07 12:15.00	<b>11:47.17</b>	246
	100m: 1:18.73 200m: 2:47.66 400m: 5:49.19 800m: 11:47.17			
14.	Gillijns Cedrik	ZORO/11170/07 11:45.00	<b>11:57.78</b>	235
	100m: 1:18.43 200m: 2:48.04 400m: 5:52.89 800m: 11:57.78			
FF	Hamdaoui Walid	FFDIZV/11132/08 14:05.00		

17 jaar en ouder

1.	Paoletti Luca Giorgio	SCWR/11072/00 9:22.83	<b>9:01.38</b>	549
	100m: 1:01.04 200m: 2:06.52 400m: 4:21.41 800m: 9:01.38			
2.	Mees Ruben	SCZ/11023/06 9:27.55	<b>9:43.93</b>	437
	100m: 1:05.06 200m: 2:16.75 400m: 4:44.35 800m: 9:43.93			
3.	Pillet Brecht	DDAT/11017/04 9:54.87	<b>10:10.55</b>	383
	100m: 1:08.13 200m: 2:22.73 400m: 4:59.63 800m: 10:10.55			
4.	van der Poel Milo	SCZ/11070/06 10:31.19	<b>10:24.52</b>	357
	100m: 1:09.60 200m: 2:25.60 400m: 5:05.03 800m: 10:24.52			
5.	Bogaerts Michel	SCZ/10008/75 11:15.33	<b>10:56.78</b>	307
	100m: 1:12.75 200m: 2:32.75 400m: 5:18.75 800m: 10:56.78			

4 - woensdag 1 november 2023

1/11/2023 - 14:00

Programmanr. 5  
1/11/2023 - 14:00

400m vrije slag

9 - 10 jaar  
Resultaten

Punten: FINA 2022

Rang		Inschr.	Tijd	Pnt
9 - 10 jaar, Jongens				
1.	Beuselinck Liam	SCWR/11070/14 6:18.69	<b>6:18.28</b>	176
	100m: 1:27.75 200m: 3:04.89 400m: 6:18.28			
2.	Anslot Sacha	SCWR/11069/13 6:46.34	<b>6:39.75</b>	149
	100m: 1:34.79 200m: 3:17.55 400m: 6:39.75			

PK Lange Afstand 2023  
Meise, 29/10 - 1/11/2023

Programmanr. 6  
1/11/2023 - 14:07

Dames, 1500m vrije slag

11 jaar en ouder  
Resultaten

Punten: FINA 2022

Rang	Inschr.	Tijd	Pnt
<b>11 - 12 jaar</b>			
1. Thys Lena	KAZS/21098/11 21:38.00	<b>20:14.25</b>	432
100m: 1:18.54	200m: 2:41.00	400m: 5:26.22	800m: 10:55.39
1500m: 20:14.25			
2. Touquet Eline	SCWR/21061/1 223:30.02	<b>21:51.71</b>	342
100m: 1:23.54	400m: 5:44.37	800m: 11:33.84	1500m: 21:51.71
3. Nsubuga Sofia	ALZV/21133/11 24:09.89	<b>22:20.91</b>	320
100m: 1:22.20	200m: 2:50.00	400m: 5:46.93	800m: 11:50.68
1500m: 22:20.91			
4. Brams Ann-Sophie	ALZV/21149/11 29:36.00	<b>26:48.54</b>	185
100m: 1:37.65	200m: 3:23.79	400m: 6:57.26	800m: 14:12.09
1500m: 26:48.54			

**13 - 14 jaar**

1. Adelmann Clara Cenxi	LAQUA/21382/11 19:45.00	<b>18:30.47</b>	564
100m: 1:11.60	200m: 2:27.69	400m: 4:58.39	800m: 9:55.33
1500m: 18:30.47			
2. Dalemans Lyn	ZCK/22065/09 19:24.65	<b>18:50.51</b>	535
100m: 1:09.84	200m: 2:24.45	400m: 4:55.00	800m: 9:58.42
1500m: 18:50.51			
3. De Backer Birgit	ZIOS/21066/09 19:50.00	<b>18:56.99</b>	526
100m: 1:11.74	200m: 2:26.78	400m: 4:58.96	800m: 10:05.34
1500m: 18:56.99			
4. Verspecht Lizanne	ZCK/22096/09 19:54.85	<b>19:32.14</b>	480
100m: 1:11.03	200m: 2:25.95	400m: 4:58.79	800m: 10:06.39
1500m: 19:32.14			
5. Vedernikova Vera	SCWR/21054/1 20:35.06	<b>19:57.86</b>	450
100m: 1:13.72	200m: 2:32.27	400m: 5:12.08	800m: 10:34.49
1500m: 19:57.86			
6. Barragan Nena	DDAT/21123/10 20:00.00	<b>20:05.00</b>	442
100m: 1:18.27	200m: 2:39.63	400m: 5:22.54	800m: 10:44.09
1500m: 20:05.00			
7. Kint Ruhne	ALZV/21119/09 21:22.05	<b>20:22.54</b>	423
100m: 1:16.04	200m: 2:37.90	800m: 10:53.35	1500m: 20:22.54
8. Van Der Meeren Lotte	DDAT/21118/10 19:45.00	<b>20:33.09</b>	412
100m: 1:16.84	200m: 2:38.71	400m: 5:23.07	800m: 10:52.28
1500m: 20:33.09			
9. Louckx Célie	SCWR/21053/1 22:25.07	<b>21:03.68</b>	383
100m: 1:18.68	200m: 2:42.30	400m: 5:30.59	800m: 11:10.22
1500m: 21:03.68			
10. Touquet Laura	SCWR/21038/0 20:41.91	<b>21:08.03</b>	379
100m: 1:16.33	200m: 2:38.25	400m: 5:23.75	800m: 11:03.15
1500m: 21:08.03			
11. Derijcke Laura	DIZV/21111/10 29:46.50	<b>22:14.87</b>	325
100m: 1:20.99	200m: 2:49.34	400m: 5:50.05	800m: 11:51.18
1500m: 22:14.87			
12. Landrieu Nora	ZIOS/21100/10 23:30.00	<b>23:31.50</b>	275
100m: 1:28.50	200m: 3:05.40	400m: 6:18.68	800m: 12:45.68
1500m: 23:31.50			
13. Van Camberg Elena	DDAT/21119/10 24:15.00	<b>24:04.74</b>	256
100m: 1:30.52	200m: 3:06.56	400m: 6:21.13	800m: 12:49.85
1500m: 24:04.74			

**15 - 16 jaar**

1. Vedernikova Marina	SCWR/21044/0 18:26.03	<b>18:00.86</b>	612
100m: 1:07.68	200m: 2:19.58	400m: 4:43.83	800m: 9:33.18
1500m: 18:00.86			
2. Budnak Carolina	SCWR/21042/0 20:06.07	<b>19:15.05</b>	502
100m: 1:11.09	200m: 2:26.22	400m: 4:59.94	800m: 10:10.41
1500m: 19:15.05			
3. Jacobs Laurien	ZCK/22082/08 26:00.00	<b>22:44.42</b>	304
100m: 1:19.24	200m: 2:46.03	400m: 5:49.36	800m: 11:57.99
1500m: 22:44.42			

PK Lange Afstand 2023  
Meise, 29/10 - 1/11/2023

---

Programmanr. 6, Dames, 1500m vrije slag

17 jaar en ouder

1.	Trioen Joke				DDAT/20279/02 19:20.00	<b>19:26.21</b>	487			
	100m:	1:12.40	200m:	2:29.75	400m:	5:04.89	800m:	10:17.52	1500m:	19:26.21
2.	Janssens Jelena				DDAT/21075/05 22:01.51	<b>22:16.26</b>	324			
	100m:	1:21.94	200m:	2:50.69	400m:	5:51.22	800m:	11:50.69	1500m:	22:16.26